



University of Thi-Qar
College of Nursing
Undergraduate Program
Medical Psychology for Nursing

- 1. Course Title:** Medical Psychology for Nursing
- 2. Course Number:** (303)
- 3. Credit Hours:** (2) credits
- 4. Course Calendar:** (2) hours weekly of (15) weeks.
- 5. Placement:** Third years / First Semester.

6. Course Description:

This course is designed to provide the nursing students with basic knowledge concerning psychological concepts and principles. It presents various theories of human behaviors and personality development in all ages that enable students explain, understand and predict human behaviors during their daily life.

7. Course Goals:

At the end of the course the students will be able to:

1. Understand Psychological concepts, Principles and branches.
2. Recognize human motivation and its classification.
3. Recognize emotions and their development.
4. Distinguish between frustration and conflict.
5. Discuss theories of personality development.
6. Identify the cognitive processes, such as thinking, memory, learning, and intelligence.
7. Explain human behaviors on the bases of psychological concepts
a. and principles.
8. Appreciate human action and reaction in the daily life.
9. Apply Psychological principles and theories in the practical
a. daily life.

8. Course Outline:

Part I: Introduction to Psychology and Health psychology

- 1.1. Definitions and terminology.
- 1.2. History of psychology.
- 1.3. Theoretical and practical branches of psychology.

Part II: Motivation

- 2.1. Definition.
- 2.2. Theories of motivation.
- 2.3. Learning and Thinking.
- 2.4. Kinds and levels of thinking.
- 2.5. Conditions of learning

Part III: Emotion

- 3.1. Definition.
- 3.2. Theoretical background.
- 3.3. Nervous system and emotion.
- 3.4. Anger management.

Part IV: Frustration and Conflict:

- 4.1. Frustration definition and causal factors.
- 4.2. Conflict definition and kinds.
- 4.3. Management of Frustration and conflict.
- 4.4. Psychological Defense Mechanisms.

Part V: Behaviors

- 5.1. Health behaviors.
- 5.2. Type of health behaviors

Part VI: Personality

- 6.1. Definition.
- 6.2. Theoretical background.
- 6.3. Trait classification.
- 6.4. Measurement and evaluation of personality.
- 6.5. Adjustment.

Part VII: Stress

- 7.1. Definitions.
- 7.2. Stress and stress management.
- 7.3. Coping of stress.

Part VIII: Relaxation

- 8.1. Definitions.
- 8.2. Pain management.

Part IX: Memory and Forgetting:

- 9.1. Definitions.
- 9.2. Process of memorization.
- 9.3. Types of memory
- 9.4. Causal factors of forgetting.
- 9.5. Interpretation of forgetting.

Part X: Self-concept:

- 10.1. Definition of self-concept.
- 10.2. Self-Image .
- 10.3. Self- esteem.