



**University of Thi-Qar  
College of Nursing  
Undergraduate Program  
Foundation of Nursing Practice**

- 1. Course title: Foundations of nursing Practice / Theory**
- 2. Course Number: (106)**
- 3. Credit hours :(2) credit**
- 4. Course calendar :(2) hours weekly of (15) weeks**
- 5. Placement: First academic year / Second semester**
- 6. Course description:**

This course explores the major concepts and related theories underlining the nursing profession. It enables students to identify nursing as a scientific knowledge bases and skillful practice that are used to help individuals, families and society with maintaining and improving their health, holistic care, and case based learning will be emphasized.

**7. Course objectives:**

At the end of the course the student will be able to:

1. Realize the health concept as it relates to the whole person.
2. Identify the importance of self-awareness to nurses.
3. Utilize the nursing process as a frame work in providing nursing care for client with selected alterations in functional health patterns.
4. Describe the principles underlying effective recording and reporting-documenting of nursing interventions.
5. Describe the importance of theory in nursing.
6. Understand the process of communication.
10. Apply the principles of adult education in teaching clients.

## **8. Course Outline:**

### **Part I: Holistic care**

- 1.1. Definition terms
- 1.2. Interrelated concept of health
- 1.3. Providing quality care
- 1.4. Self-care as prerequisite to client care
- 1.5. personal hygiene and grooming
- 1.6. Daily care of patient's unit ( Bed Making)

### **Part II: Communication**

- 2.1. Elements of communication
- 2.2. Process of communication
- 2.3. Method of communication
- 2.4. Factors influence communication
- 2.5. Nurse-client communication
- 2.6. Communication with health care team
- 2.7. Therapeutic communication
- 2.8. Phases of therapeutic communication

### **Part III: Nursing process**

- 3.1. Historical perspective
- 3.2. Characteristics of nursing practices
- 3.3. Components of the nursing process
- 3.4. Purposes of nursing process
- 3.5. Assessment
- 3.6. Nursing diagnosis
- 3.7. Planning and expected outcome
- 3.8. Implementation
- 3.9. Evaluation

### **Part IV: Theories and models of nursing practice**

- 4.1. Definition of theory, concept, model, proposition
- 4.2. Basic concepts related to nursing theories ( person ,health, environment ,and nursing)
- 4.3. Characteristics of theories
- 4.4. Needs of theories
- 4.5. History and evolution of nursing theory
- 4.6. Types of theory

- 4.7. Relationship of theory to practice and research
- 4.8. Relationship of theory to nursing process

### **Part V: Documentation, Admission, Discharge, Transfer and Referrals**

- 5.1. Definition of terms
- 5.2. Purpose of effective documentation
- 5.3. Principles of effective documentation
- 5.4. Elements of effective documentation

### **Part VI: Midterm exam**

### **Part VII:**

- 7.1. Method of documentation
- 7.2. The admitting department
- 7.3. Nursing admission activities
- 7.4. Initial nursing plan for care

### **Part VIII:**

- 8.1. Common responses to admission
- 8.2. Providing discharge instructions
- 8.3. Discharge a client
- 8.4. Writing a discharge summary

### **Part IX:**

- 9.1. Terminal cleaning
- 9.2. Client transfer
- 9.3. Transfer activity

### **Part X**

- 10.1. Extended care facilities
- 10.2. Client referral
- 10.3. Home health care

### **Part XI : Midterm exam**

### **Part XII : Client teaching**

- 12.1. The –learning process( formal teaching, informal teaching,

learning domain ,learning principle, learning style)

12.2.Barries to the teaching –learning process

12.3.Teaching methods

12.4.Teaching –learning and nursing process