



University of Thi-Qar
College of Nursing
Undergraduate Program
Family and Community Health Nursing

1. Course title: Family and Community Health Nursing

2. Course Number: (401)

3. Credit Hours: Total (6) hrs.

Theory (3) hrs.

Lab. (-) hrs.

Clinical (9) hrs.

4. Course Calendar: Total (9) hours weekly of (15) weeks:

Theory (3) hrs.

Lab. (-) hrs.

Clinical (6) hrs.

5. Placement: Fourth Year/ First semester

6. Course description:

The course is designed to be a synthesis of community based and family focused for the goal of promoting and preserving their health. Developing the ability to assess the community needs and problems, prevent illness, maintain wellness, and promoting health through organized health efforts. The course focuses on the study of the family, its health and health care services as being presented to its members. The course deals with home visits and home health care as major areas of interest through which the family can benefit. Students will apply knowledge and skills to expand their understanding of caring for individuals, families, groups and the community as a whole in variety of community settings, such as primary health care center, school, family, workplace, and the environment.

7. Course Objectives:

Upon completion of the course, the student will be able to:

- 1.** Describe the nature, philosophy and scope of community health nursing (CHN).
- 2.** Discuss the definitions, functions, roles and trends of community health nursing.
- 3.** Apply concepts of family, family health, community, community health, community health nursing practice.

4. Explore factors influencing families' health and describe nursing interventions to promote their health in different life stages.
5. Utilize the application of the nursing process to families, groups, aggregates and communities in a variety of settings.
6. Identify the primary health care concepts and apply them to families,
7. groups, aggregates and communities.
8. Compare the various roles, functions, and settings of community health
9. nursing (public health nursing, school nursing, home health nursing,
10. and occupational health nursing).

8. Course Outline:

Part I: Introduction to community health Nursing

- 1.1. Definition: Health, Community, Community Health, Public Health, and Community Health Nursing.
- 1.2. Community –Based Nursing, Population-focused Nursing
- 1.3. The Mission of Communication Health Nursing.
- 1.4. Characteristics of Community Health Nursing.
- 1.5. Components of Community Health.
- 1.6. Roles and Function of Community Health Nurse.

Part II: Dimension of Community Health Nursing.

- 2.1. The Dimension of Health.
- 2.2. The Dimension of Health Care.
- 2.3. The Dimension of Nursing.

Part III: Community Assessment.

- 3.1. Approaches of Community Assessment.
- 3.2. Functions of Community Assessment.
- 3.3. Principles of Communication Assessment.
- 3.4. Data Sources for Community Health Assessment.
- 3.5. Types of Communication Needs Assessment.
- 3.6. Communication Assessment Methods.
- 3.7. Sources of Communication Data.

Part IV: Approaches to Community Health.

- 4.1. Health Promotion.
- 4.2. Case Management.
- 4.3. Empowerment

Part V: Primary Health Care (PHC).

- 1.1. Definition of Primary Health Care.
 - 1.1.1. Principles of PHC.
 - 1.1.2. Elements of Primary Health Care.
 - 1.1.3. Primary Health care and Community Health Nursing.

Part VI: Family Health Services.

- 6.1. Definition: Family, Family Health.
 - 6.1.1. Types of Family.
 - 6.1.2. Family Structure and Function.
 - 6.1.3. Family development.
 - 6.1.4. Family Theories.
 - 6.1.5. Family Assessment.
 - 6.1.6. Family Interviewing process.
 - 6.1.7. Family care Giving.
 - 6.1.8. Family Crisis (family at Risk).
 - 6.1.9. Influence of Culture and Society on the health of Families.
 - 6.1.10. Ethical Principles Related to Care of Families.
 - 6.1.11. Family Health Promotion

Part VII: Health Care Aggregates

- 7.1. Health Care of Children and Adolescents:
 - 7.1.1. Children s Health Promotion across Life-Span.
 - 7.1.2. Role of the Community health Nurses in Women health
 - 7.1.2.1. Primary Prevention
 - 7.1.2.2. Secondary Prevention
 - 7.1.2.3. Tertiary Prevention
 7. 1.3. Adolescents health Promotion across life-Span.
 - 7.1.4. Role of Community Nurse in Women Health.
 - 7.1.4.1. Primary Prevention
 - 7.1.4.2. Secondary Prevention.
 - 7.1.4.3. Tertiary Prevention

Part VIII: Care of Women and Men

- 8.1. Women's Health Promotion across Life-Span.
- 8.2. Role of the Community health Nurse in Women in Women health.
 - 8.2.1. Primary Prevention
 - 8.2.2. Secondary Prevention.
 - 8.2.3. Tertiary Prevention.

- 8.3. Men s health Promotion across life-Span.
- 8.4. Role of Community Health Nurse in women Health
 - 8.2.1. Primary Prevention
 - 8.2.2. Secondary Prevention.
 - 8.2.3. Tertiary Prevention.
- 8.5. Care of the Elderly:
 - 8.5.1. Definition: Aging, Ageism.
 - 8.5.2. Health Needs of Elderly.
 - 8.5.2.1. Primary Prevention
 - 8.5.2.2. Secondary Prevention.
 - 8.5.2.3. Tertiary Prevention.

Part IX: Midterm Examination.

Part X: Home Visits

- 9.1. Definition
- 9.2. Purpose of home Visit.
- 9.3. The Home Visit Process.
- 9.4. Advantages of Home Visit.

Part XI: Maternal and Child Health Care Services (MCH).

- 10.1 Definition
- 10.2. Objectives of MCH Services.
- 10.3. Types of MCH Services.

Part XII: Nutrition Health Services.

- 11.1. Definition: Nutrition, Food, Diet.
- 11.2. Process of Nutrition.
- 11.3. Classification of Nutrition's.
- 11.4. importance of Good Nutrition.
- 11.5. Factors affecting Community Nutrition.
- 11.6. Roles of Community Health Nursing in Nutrition Services.

Part XIII: Environmental Health and Safety Services.

- 12.1. Definition: Environment, Environment health.
- 12.2. Elements of the Environment.
- 12.3. Factors Affecting Environmental Health.
- 12.4. Major Global Environment Concerns.

Part XIV: School health Services.

13.1. Definitions: School, School age Children, School Health Nursing.

13.2. Component of School health Programs- the School Health Team.

13.3. Role of the Nurse in the School Health Setting.

Part XV: Occupational Health Care Services.

14.1. Definition.

14.2. Objectives of occupational Health Nursing.

14.3. Work-Health Interaction.

14.4. Role of the Occupational Health Nurse.

Part XVI: Home Health Care Services .

15.1. Definition of home Health Care.

15.2. Team Members of Home Health Care Services.

15.3. Types of clients in Home Health Care Services.

15.4. Role of Community Health Nurse in the Home Health Care.