



University of Thi-Qar
College of Nursing
Undergraduate Program
Adult Nursing (II)

1. **Course Title:** Adults Nursing /II

2. **Course Number:** (301).

3. **Credit Hours:** Total (6) credits:

Theory (3) credits

Clinical (3) credits

4. **Course calendar:** Total (11) hours weekly of (15) Week:

Theory (3) hrs.

Clinical (8) hrs.

5. **Placement:** Third Years/Second Semester.

6. **Course Description:**

This course provides the student with the knowledge, skills and attitudes that are essential for effective and comprehensive nursing care for adults in the uncritical medical and surgical illness. The related concepts of path physiology, fundamentals of nursing and pharmacology are integrated.

7. **Course Goals:**

Upon completion of this course, the student will be able to:

- 1- Identify risk factors and nursing interventions in promoting and maintaining health in a selected client population.
- 2- Relate the path physiology of selected medical/ surgical alterations to the health – illness continuum.
- 3- Discuss scientifically based rational for performing selected diagnostic procedure, outcomes and nursing responsibilities.
- 4- Describe drug therapies and their related outcomes for clients undergoing medical/ surgical interventions.
- 5- Explain nutritional needs of patients with selected medical/ surgical alterations.
- 6- Discuss principles of teaching- learning processes as they related to the adult/ older adult patient.
- 7- Utilize health assessment skills in determining the physical, psychological, spiritual, and learning Needs of adult patients.
- 8- Apply the theoretical concepts, scientific principles in planning care of patients.

- 9- Demonstrate competence in implementing nursing interventions to meet client oriented goals.
- 10- Demonstrate safe administration of drug and parenteral therapy.
- 11- Participate in teaching patients
- 12- Demonstrate effective communication with patients, instructor and health members.
- 13- Describe pre- operative nursing measures of avoiding the risk of infection and the expected post- operative complications.

8. Course out line:

Theoretical contents

Part I : Introduction to Nursing Adults

Part II : Nursing management of patients with nervous system disorder

- 2.1. Assessment and diagnostic test
- 2.2. Intracranial pressure
- 2.3. Brain tumor
- 2.4. Meningitis
- 2.5. Brain abscess.
- 2.6. Epilepsy.

Part III: Nursing management of patients with Renal disorders (6)hrs.

- 3.1. Assessment and diagnostic test
- 3.2. Cardinal signs and symptoms
- 3.3. Urinary tract infection
- 3.4. Renal stone
- 3.5. Prostatic hyperplasia
- 3.6. End stage of renal failure

Part IV: Nursing management of patients with Musculoskeletal disorders

- 4.1. Assessment and diagnostic test
- 4.2. Osteomyelitis
- 4.3. Osteoporosis
- 4.4. Arthritis
- 4.5. Joint replacement

Part V: Nursing management of patients with Cardiovascular disorders

- 5.1. Assessment and signs and symptoms and diagnostic test
- 5.2. Acquired disease: Aortic disease (stenosis and regurgitation)
- 5.3. Congenital heart disease (ASD ,VSD and transposition of fallut)
- 5.4. Cardiac catheterization

Part VI: Nursing management of patients with Integumentary disorders.

- 6.1. Anatomy and physiology
- 6.2. Assessment integumentary system
- 6.3. Dermatitis
- 6.4. Autoimmune disease

Part VII: Nursing management of patients with Eye, Nose and Throat (ENT)

- 7.1. Sinusitis
- 7.2. Tonsillitis
- 7.3. Otitis media
- 7.4. Calfarynx

Part VIII: Nursing management of patients with ophthalmic disorders. (3) hrs.

- 8.1. Assessment and diagnostic test
- 8.2. Cataract
- 8.3. Glaucoma.

The Clinical content

Part I: Neurosurgical Unit

Part II: Urology and dialysis Unit

Part III: Orthopedic Wards

Part IV: General Medical Wards

Part V: Coronary care unit

Part VI: ENT Wards

Part VII: Ophthalmic Wards

Part VIII: Clinical exam