



**University of Thi-Qar
College of Nursing
Undergraduate Program
Adults Nursing /I**

- 1. Course title: Adults Nursing**
- 2. Course Number: (301).**
- 3. Credit Hours: Total (6) credits:**
 - Theory (3) credits
 - Clinical (3) credits
- 4. Course calendar: Total (11) hours weekly of (15) Week:**
 - Theory (3) hrs.
 - Clinical (8) hrs.

5. Placement: Third Years/First Semester.

6. Course Description:

This course provides the student with the knowledge, skills and attitudes that are essential for effective and comprehensive nursing care for adults in the uncritical medical and surgical illness. The related concepts of path physiology, fundamentals of nursing and pharmacology are integrated.

7. Course Goals:

Upon completion of this course, the student will be able to:

- 1- Identify risk factors and nursing interventions in promoting and maintaining health in a selected client population.
- 2- Relate the path physiology of selected medical/ surgical alterations to the health –illness continuum.
- 3- Discuss scientifically based rational for performing selected diagnostic procedure, outcomes and nursing responsibilities.
- 4- Describe drug therapies and their related outcomes for clients undergoing medical/ surgical interventions.
- 5- Explain nutritional needs of patients with selected medical/ surgical alterations.
- 6- Discuss principles of teaching- learning processes as they related to the adult/ older adult patient.
- 7- Utilize health assessment skills in determining the physical, psychological, spiritual, and learning Needs of adult patients.

- 8- Apply the theoretical concepts, scientific principles in planning care of patients.
- 9- Demonstrate competence in implementing nursing interventions to meet client oriented goals.
- 10- Demonstrate safe administration of drug and parenteral therapy.
- 11- Participate in teaching patients
- 12- Demonstrate effective communication with patients, instructor and health members.
- 13- Describe pre- operative nursing measures of avoiding the risk of infection and the expected post- operative complications.

8- Course out line:

The Theoretical Content

Part I: Introduction to adults nursing.

Part II: Nursing process; definition, objectives and steps.

Part III: Rehabilitation in Nursing

- 3.1. Basic principle in rehabilitation nursing
- 3.2. Rehabilitation team
- 3.3. Prevention of complications and deformities.

Part IV: Care of patients with cancer

- 4.1. Definitions.
- 4.2. Types.
- 4.3. Sign and symptoms.
- 4.4. Method of diagnosis.
- 4.5. Treatment and nursing management of patients with cancer.

Part V: The patient with breast cancer

- 5.1. Sign and symptoms.
- 5.2. Method of diagnosis.
- 5.3. Nursing care and rehabilitation.

Part VI: Nursing management for patient with digestive system disease.

- 6.1. Sign and symptoms, and diagnostic measures.
- 6.2. Nursing care for the patient with the followings:
 - 6.2.1. Hernia.
 - 6.2.2. Ulcerative colitis.
 - 6.2.3. Peptic Ulcer.
 - 6.2.4. Acute Abdomen.
 - 6.2.5. Irritable bowel syndrome.

Part VII: The patient with hepatobiliary disorders

- 7.1. Sign, symptoms and diagnosis of liver diseases.
- 7.2. Nursing care and rehabilitation for the following diseases:
 - 7.2.1. Pancreatitis.
 - 7.2.2. Hepatitis.
 - 7.2.3. Liver cirrhosis.
 - 7.2.4. Cholelithiasis and cholecystitis.

Part VIII: Nursing care for patients with endocrine system disorders.

- 8.1. Nursing management for patients with diabetes mellitus.
- 8.2. Nursing management for patient with the followings:
 - 8.2.1. Hyperthyroidism.
 - 8.2.2. Hypothyroidism.
 - 8.2.3. Hypo and hyper parathyroid disorders.

Part IX: Nursing management for patients with blood disorders.

- 9.1. Blood and its contents.
- 9.2. Diagnostic tests for blood disease.
- 9.3. Nursing care and rehabilitation for patient with these diseases:
 - 9.3.1. Anemia and its types.
 - 9.3.2. Leukemia.
 - 9.3.3. Hodgkin's disease.
 - 9.3.4. Hemorrhagic disorder.

Part X: Nursing management for patients with cardiovascular disorders:

- 10.1. Sign and symptoms.
- 10.2. Diagnostic tests.
- 10.3. Nursing care and rehabilitation for patient with
 - 10.3.1. Hypertension.
 - 10.3.2. Ischemic heart disease.
 - 10.3.3. Myocardial infarction.
 - 10.3.4. Congestive heart failure.
 - 10.3.5. Endocarditic.

Part XI: Nursing care for patients with respiratory disorders

- 11.1. Sign and symptoms.
- 11.2. Diagnostic tests.
- 11.3. Nursing care and rehabilitation for patient with:
- 11.4. Bronchitis.
- 11.5. Pneumonia.
- 11.6. COPD.

The clinical content

Part I: General Medical Wards

Part II: General surgical Wards

Part III: Operation Room

Part IV: Respiratory Unit.

Part V: Coronary Care Unit.

Part VI: Hematology Unit

Part VII: Recovery Room

Part VIII: Midterm Examination