



"HEAL US TO HEAL OTHERS"

HOME VISIT

College of nursing
Fourth stage



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Home visit

- It is one of the most important aspects of community health services.
- It is the backbone of community health nursing.
- A major distinction of a home visit is that health professional goes to the client rather than the client coming to the health professional



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Meaning

Home visit means visiting the family at their place to assess the health needs, to provide services such as preventive, promotive , curative or rehabilitative services at their door step by the community health nurse or health workers.



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Definition

It is defined as providing the services to family at their door step to maintain the health & to reduce the mortality & morbidity in family.



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Health service requires

- ❑ **technical skills**
- ❑ **knowledge of preventive & Therapeutic measures**
- ❑ **teaching ability**
- ❑ **judgement**
- ❑ **full understanding of Human relations**



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Purposes

- ❑ To observe the family structure, lifestyle & cultural practices.
- ❑ To establish relationship with family members
- ❑ To find out the health problems
- ❑ To provide nursing care



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- ❑ To teach the family about the health problems.
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- ❑ To guide & counsel the family related to various health problems
 - ❑ To do follow up & evaluate the health care .
 - ❑ to refer the complicated cases for hospitalization or institutional care.



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Principles

- Plan the work so that visits are made on the basis of need.
- respect the persons feelings & need at the time of the visit.
- be sure of the scientific soundness of the subjects.
- use safe technical skills, including hand washing inspection etc.
- working knowledge of the community resources is very essential.



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- 👉 collect facts about the home, the client & the environment & make an objective analysis of the facts as initial step in visiting the home.
- 👉 Evaluation is an essential factor in our daily work.
- 👉 Record the work performed by us in each visit.



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Approaches

1. A friendly approach will readily gain confidence & co operation
2. Introduce self by name & hospital represents
3. Explain reason for visit
4. Don't enter house wearing shoes , without family's permission.



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- ❑ Always carry community bag for home visit.
 - ❑ Never criticize the family members.



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Steps

1. Establish a friendly relationship
2. Make a survey & prepare a map
3. Collection of data & analysis
4. Establish goals
5. Prepare a plan of action
6. Nursing Interventions
7. Interpretation of results
8. Follow up
9. Evaluation



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Phases of Home Visits

1. **Initiation phase :**

CHN informs the family about the purpose of visiting after giving introduction of herself & also obtain information about the family members.



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2. Maintenance phase

- ❑ CHN maintain the IPR for which she uses her talent for making herself acceptable to family members.
- ❑ She provides services & solve their problems & helping them in crisis.



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3. Termination phase

- ❑ After providing care to the family , terminate the visit.
- ❑ Always record the visit
- ❑ Evaluate whether planned objectives were achieved or not.



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ADVANTAGES

1. Home visit permits the nurse to see the home & family situation in action.
2. Family members will be relaxed in their own surroundings.
3. Socio Economic background becomes clear
4. It provides an opportunity to observe the environmental, social & family situation.



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5. It helps the nurse to modify her way of care based on the resources available at home.

6. It provides an excellent opportunity to community health nurse to implement nursing process.

7. It helps in establishing rapport with the family members.

8. It helps in continuity of family health care.



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Dis Advantages

- ❖ Consumes lot of time & energy
- ❖ Non acceptance by the family members.
- ❖ Sometimes have to face dreadful events.
- ❖ Nurses safety can be an issue



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Thank You



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