

Abortion*

Abortion: is defined as any interruption of a pregnancy before the fetus is viable (a stage of development that will enable the fetus to survive outside the uterus if born at that time) .

Types of Abortion

Spontaneous Abortion (miscarriage)

is an early abortion if it occurs before week 16 of pregnancy and a late abortion if it occurs between weeks 16 and 24 .

Causes

1. During the first trimester , Chromosomal abnormalities (50 % - 60 %)

2. During the second trimester :

- Drugs .
- Placental abnormalities .
- Endocrine imbalances .
- Maternal infection .
- Cervical incompetence .
- Uterine abnormalities .

Classification

1. Threatened abortion
2. Imminent abortion
3. Incomplete abortion
4. Complete abortion
5. Missed abortion
6. Recurrent or habitual abortion
7. Septic abortion

Medical - surgical management

Medical

- I. The client is usually told to limit activities for 24 to 48 hours. If the bleeding is going to stop , it will usually do so in 48 hours.
- II. If the bleeding stops , the client is advised to avoid stress, fatigues , strenuous , activity and sexual intercourse , having one or two rest periods during the day is also recommended until pregnancy seems to be progressing normally .

Surgical



