

# School

- **School is defined as an educational institution where groups of pupils pursue defined studies at defined levels, receive instructions from one or more teachers, frequently interact with other officers and employees such as principal, various supervisors/instructors, and maintenance staff etc., usually housed in a single building.**

# School Health

- **School health refers to a state of complete physical, mental, social and spiritual well being and not merely the absence of disease or Infirmity among pupils, teachers and other school personnel.**

# School Health Services

- **Ideally School health services refer to need based comprehensive services rendered to pupils, teachers and other personnel in the school to promote and protect their health, prevent and control diseases and maintain their health. But practically, it refers to providing need based comprehensive services to pupils to promote and protect their health, control diseases and maintain their health.**

# **AIM OF SCHOOL HEALTH SERVICES**

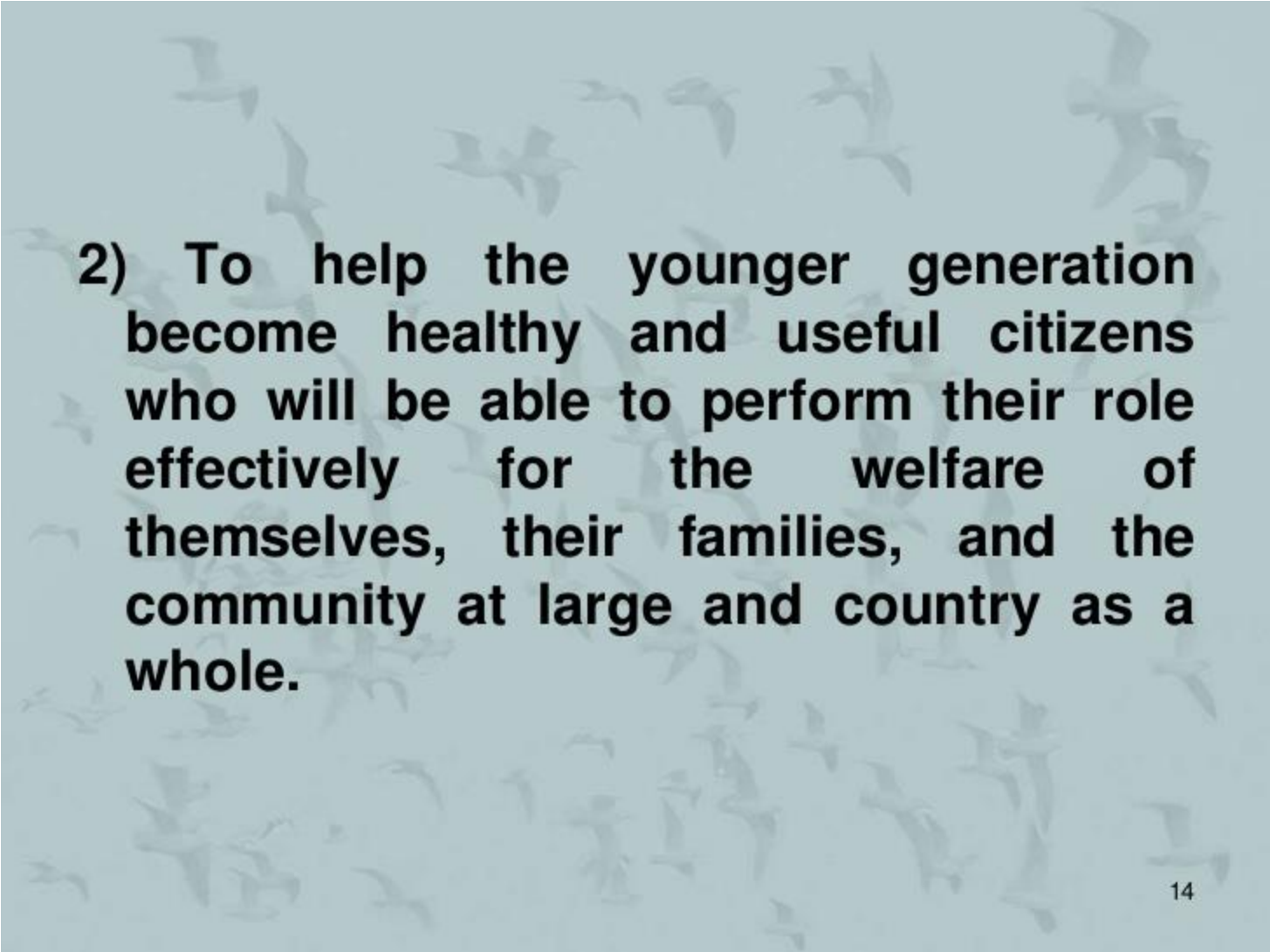
**The ultimate aim of School Health Services is to promote, protect and maintain health of school children and reduce morbidity and mortality in them.**

# **OBJECTIVES OF SCHOOL HEALTH SERVICES**

- 1. The promotion of positive health.**
- 2. The prevention of diseases.**
- 3. Early diagnosis, treatment and follow up of defects.**
- 4. Awakenning health consciousness in children.**
- 5. The provision of healthful environment**

# **GOALS OF SCHOOL HEALTH SERVICES**

- 1) To prepare the younger generation to adopt measures to remain healthy so as to help them to make the best use of educational facilities, to utilize leisure in productive and constructive manner, to enjoy recreation and to develop concern for others.**



**2) To help the younger generation become healthy and useful citizens who will be able to perform their role effectively for the welfare of themselves, their families, and the community at large and country as a whole.**

# **NEED FOR SCHOOL HEALTH SERVICES**

- 1. School children constitute a vital and substantial segment of population.**
- 2. School children are vulnerable section of population by virtue of their physical, mental, emotional and social growth and development during this period.**
- 3. School children are exposed to various stressful situations.**



- 4. Children coming to school belong to different socio-economic and cultural backgrounds which affect their health and nutrition status and require help and guidance in promoting, protecting and maintaining their health and nutritional status.**
- 5. Children in school age are prone to get specific health problems.**

# **PRINCIPLES OF SCHOOL HEALTH SERVICES**

- 1. Be based on health needs of school children.**
- 2. Be planned in coordination with school, health personnel, parents and community people.**
- 3. Be part of community health services.**
- 4. Emphasize on promotive and preventive aspects.**

- 5. Emphasize on health education to promote, protect, improve and maintain health of children and Staff.**
- 6. Emphasize on learning through active and desirable participation.**
- 7. Be ongoing and continuous programme.**
- 8. Have an effective system of record keeping and reporting.**

# COMPONENTS OF SCHOOL HEALTH SERVICES

## *1) Health Promotive and Protective Services*

- 1. Wholesome school environment**
- 2. Maintenance of personal hygiene.**
- 3. Nutritional services**
- 4. Physical & recreational activities**
- 5. Promotion of Mental health**
- 6. Health Education**
- 7. Immunization**

## ***II) Therapeutic Services***

- 1. Health appraisal**
- 2. Treatment and follow up**
- 3. First aid and emergency care**
- 4. Specialized health services**

## ***III) Rehabilitative Services***

- Care of the handicapped**

## ***IV) School Health Records***

# SCHOOL HEALTH PROBLEMS

- **Health problems:-**

1. **Malnutrition**
2. **Infectious diseases**
3. **Intestinal parasites**
4. **Diseases of skin, eye and ear**
5. **Dental caries.**



- **Behavior problem:-**

- 1. *Antisocial problem:* - stealing, lying, gambling, destructiveness, sexual offence.**
- 2. *Habit disorders:* - nail biting, thumb sucking, bed wetting.**



**3. *Personality disorders:*** - temper tantrum, shyness, day dreaming, and jealousy.

**4. *Educational difficulties:*** - backwardness in study, school fear, school failure, etc.

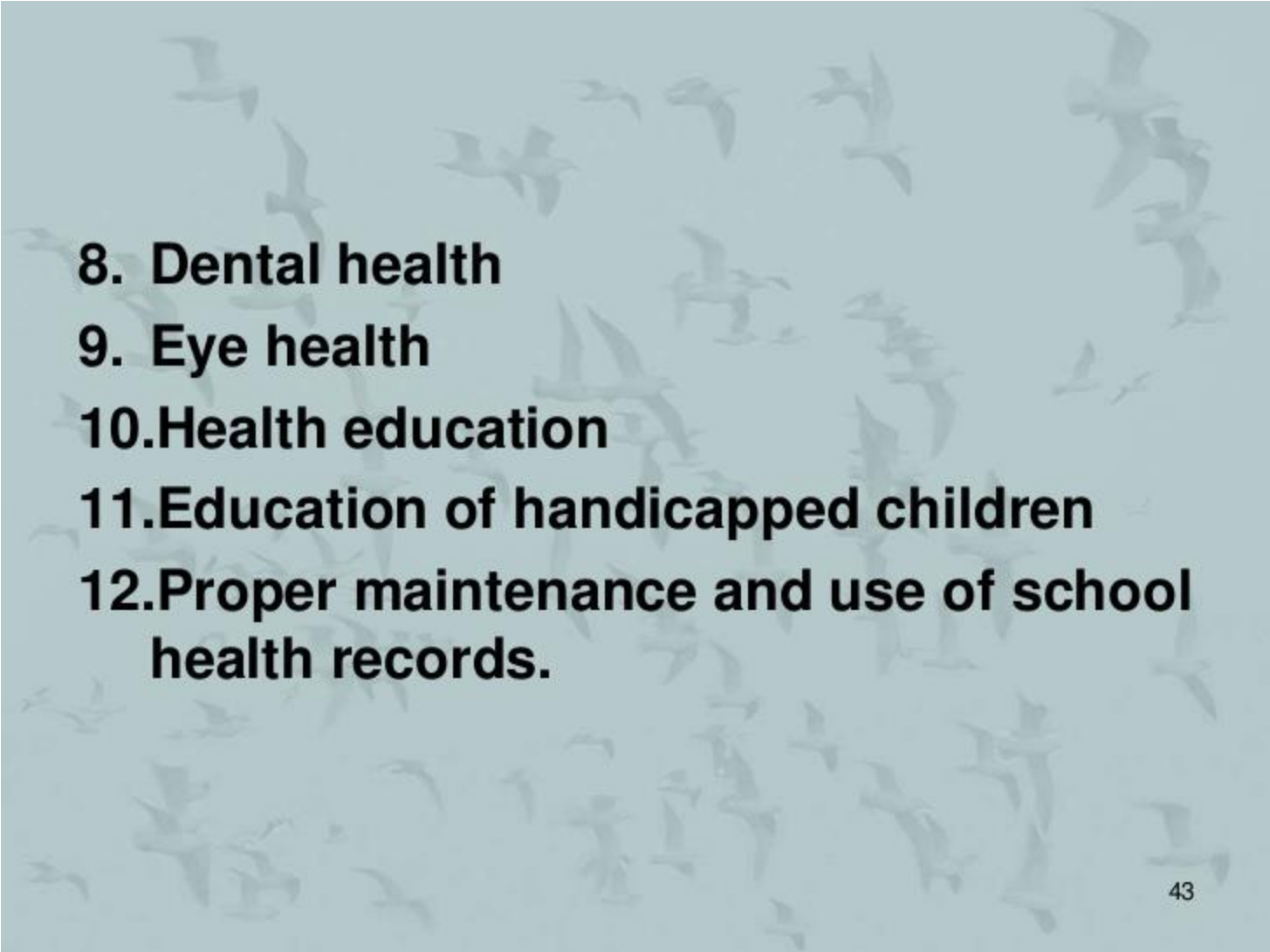


# **SCHOOL HEALTH TEAM**

- 1. The school principal**
- 2. The school teacher**
- 3. The parents**
- 4. The community**
- 5. The children**
- 6. The medical officer**
- 7. The school health nurse/community health nurse**

# **ASPECTS OF SCHOOL HEALTH SERVICE**

- 1. Health appraisal of school children and school personnel**
- 2. Remedial measures and follow-up**
- 3. Prevention of communicable diseases**
- 4. Healthful school environment**
- 5. Nutritional services**
- 6. First aid and emergency care**
- 7. Mental health**

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**8. Dental health**

**9. Eye health**

**10. Health education**

**11. Education of handicapped children**

**12. Proper maintenance and use of school health records.**

# ROLE OF NURSE IN SCHOOL HEALTH SERVICES:

## 1) HEALTH APPRAISAL

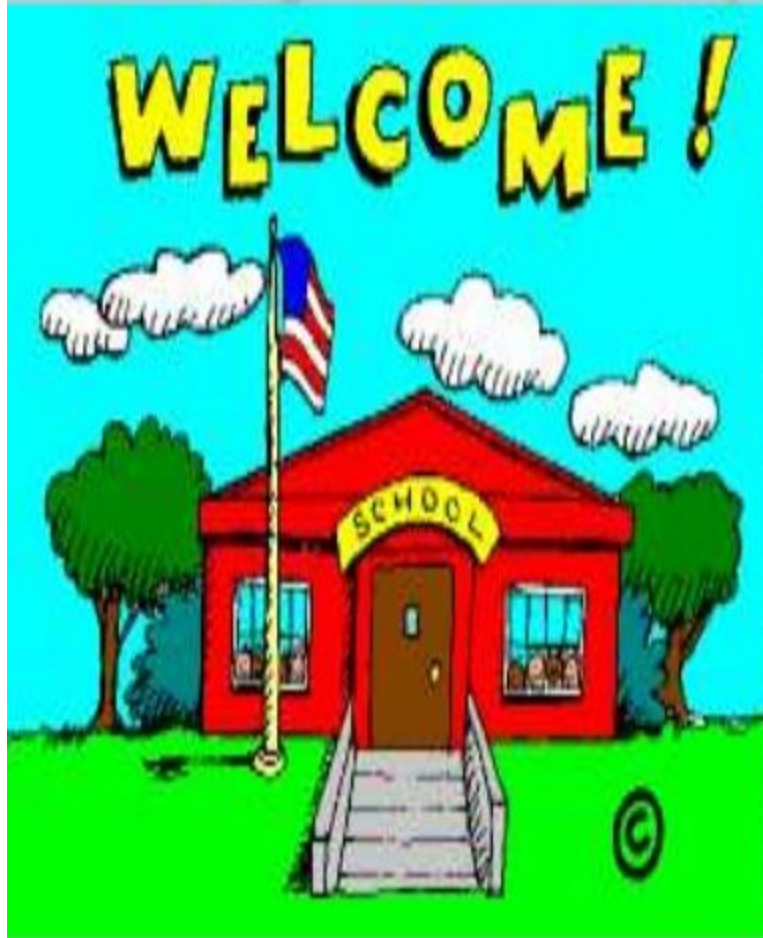




**2) Remedial measures and follow-up**

**3) Prevention of communicable diseases**

## 4. Healthful school environment



## 5. Nutritional services



## 6. First-aid and emergency care





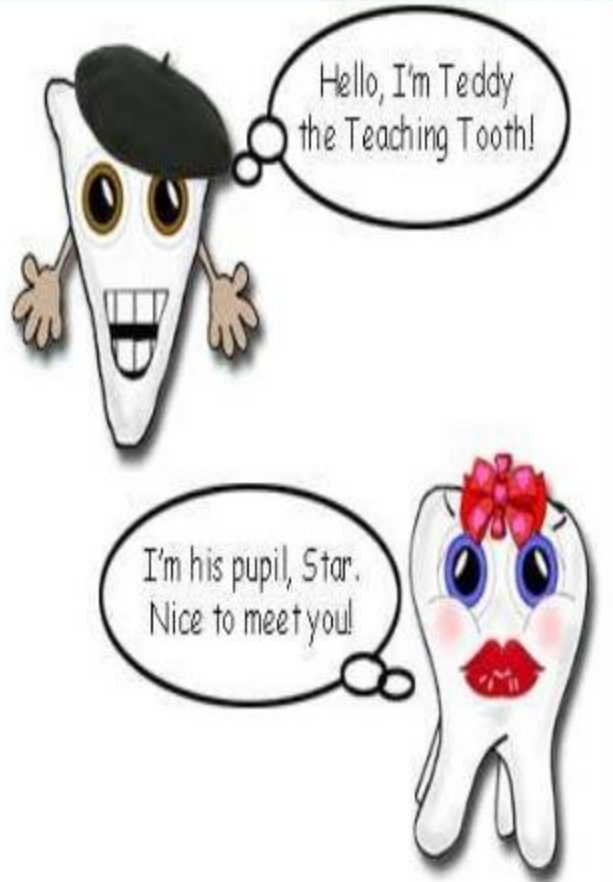
## 7. Mental health

POSITION PAPER

Mental Health



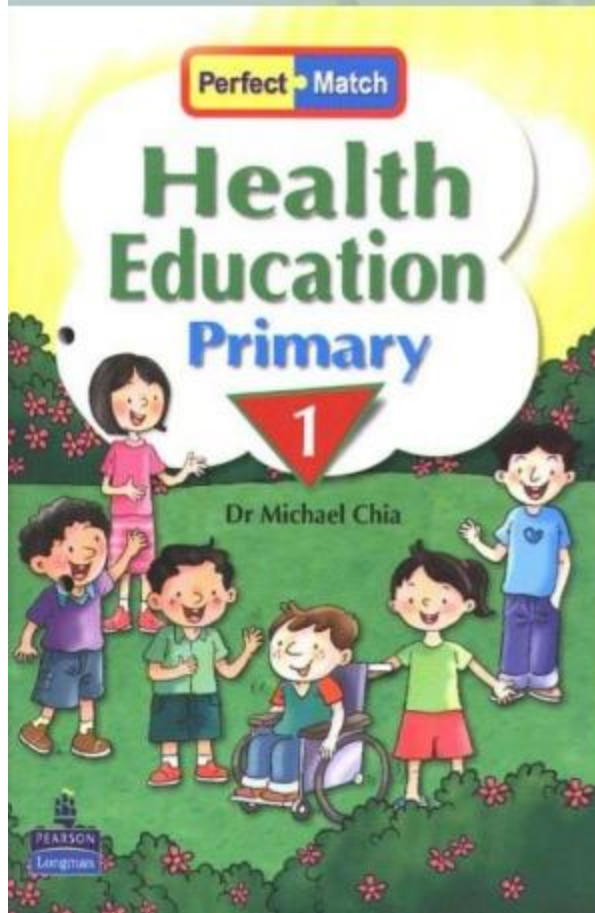
## 8. Dental health



## 9. Eye health services



# 10. Health education



# 11. Education of handicapped children



## 12) School Health Records





**THANK YOU**

